

Panther  
Central

# Dining Services



**November 23 – November 29**

**Menus subject to change**

## **Baked Goods**

- Blueberry, toffee, banana nut, lemon poppy, apple cinnamon, raspberry, PB&J and chocolate chip Muffins; Danishes; and a variety of sweet breads

## **Bagels**

- Cinnamon raisin, sesame, whole wheat, plain and blueberry

## **Spreads**

- Butter, peanut butter, jelly, cream cheese, and flavored cream cheeses

## **Specialty Bakery Selections**

- Specialty bars, brownies, pies, cakes, and a variety of cookies

## **Yogurt** (one of the following daily):

- Blueberry, strawberry, peach, raspberry or vanilla

## **Hot Cereal**

- Oatmeal, Grits

## **Hot Beverage**

- Coffee, hot chocolate

## **Hot Soups**

- **Monday** – Pasta Fagioli; Cream of Potato (Vegetarian)
- **Tuesday** – Beef Noodle; Broccoli & Cheese
- **Wednesday** – CLOSED FOR BREAK
- **Thursday** – CLOSED FOR BREAK
- **Friday** – CLOSED FOR BREAK
- **Saturday** – CLOSED FOR BREAK
- **Sunday** – Chicken Tortilla; Weekly Seasonal Soup Special

**Deli**

- Caprese Panini
- Siciliano Panini
- Turkey sub
- Tuna sub
- Chicken Caesar wrap
- Look for the daily special

**Build your own sandwich**

- Choose from a variety of deli meats, cheese and spreads – white, wheat, Italian bread or white sub roll
- Choice of chopped hot peppers, sliced hot peppers, sliced sweet peppers, shredded lettuce, sliced tomato, sliced onion, pickle spear, baked potato chips

**Pre-Made Wraps, Sandwiches & Panini's are available for lunch and dinner****Fresh Fruits**

- Bananas, apples, oranges
- Cut strawberries and watermelon (depending on quality/availability)