



How do I choose my meal plan?

To choose a meal plan, you'll need to consider your eating habits.

- How many meals will you eat on campus each week?
- How many meals will you eat at Market Central or The Perch at Sutherland?
- How many meals will you eat at the other dining facilities on campus?
- How many snacks and beverages will you eat on the run?

The example below can help you think about your eating preferences. Use this as a guide to determine your meal plan needs or eliminate the guesswork by choosing an Ultimate Access plan—affording you the opportunity to dine-in at Market Central or The Perch at Sutherland as often as you desire.

Estimate of Meals in Market Central or The Perch at Sutherland	Example	Your Calculation
1. # breakfasts per week x 1 Dining Pass =	3	
2. # lunches per week x 1 Dining Pass =	3	
3. # dinners per week x 1 Dining Pass =	5	
4. Total meals per week (add lines 1 through 3) =	11	
5. Multiply total from line 4 x 15 (weeks per term). This is the estimated number of Dining Passes needed per term =	165	

Estimate of Dining Dollars Spending	Example	Your Calculation
1. \$ spent per week on coffee, snacks, soda, etc. =	\$10.50	
2. \$ spent per week on convenience store items to take back to your accommodation =	\$13.00	
3. \$ spent per week on meals other than in Market Central or The Perch at Sutherland dining facilities =	\$19.00	
4. Total \$ spent on meals per week (add lines 1 through 3) =	\$42.50	
5. Multiply total from line 4 x 15 (weeks per term). This is the estimated number of Dining Dollars needed per term =	\$637.50	

Based on the example above, you might select Tier 1 Plan C, which offers 175 Dining Passes and \$645 Dining Dollars.