

Celebrating our
passion for food &

Flavor

2009 October

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

HELPING HANDS ACROSS AMERICA MONTH

				1 Eat lunch at Schenley and check out this week's featured item at Nicola's Garden	2	3 Friend having a birthday this month? Surprise them with a cake from Quick Zone in Market Central
4 Stop by Taco Bell outside Market Central for National Taco Day	5 REMEMBER TO FILL OUT YOUR "WERE LISTENING NOW" SURVEY AND BE ENTERED TO WIN PRIZES LIKE TV'S, XBOX	6 Visit Bella Trattoria in Market Central for National Noodle Day	7 Grab a Yoplait Yogurt and don't forget to donate the lid to the Save Lids to Saves Lives Program	8 Do you know what your going to be for Halloween yet?	9 Take a break at any of our coffee carts and grab a delicious dessert in honor of National Dessert Day	10 Visit the Quick Zone and pick up snacks for Panther Football
11	12 Columbus Day	13 Did you know that Tutto Fresco offers Gluten Free options?	14 "Meet the Farmer" and taste their local produce at Magellans in Market Central	15 Make sure your survey is done! And be entered in the drawing	16 Stop by Magellans in Market Central for World Food Day	17
18 Did you know that Bella Trattoria offers wheat pasta?	19 Pick up your Helping Hands Across America Bags and start collecting non-perishable items	20 Need an energy boost? Stop at Freshens for a smoothie	21 Its getting cold...warm up with some soup from Cathedral Café!!	22 Schedule getting hectic already? Leave the cooking to us stop by Market *To* Go and take lunch or dinner with you!	23 Only a couple more days till the survey drawing at Market Central	24 Join our FACEBOOK group and keep updated (Pitt Campus Dining)
25 Is your costume ready yet? Win an XBOX!	26	27 A Spooktacular event at The Perch at Sutherland 4pm - 8pm Dress in costume and win awesome prizes	28 National Chocolate Day	29 Market Centrals Halloween Bash 4pm - 8pm Dress in costume and win awesome prizes	30 Stop at one of our coffee carts for national Buy a donut Day	31 



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